

## Keeping you in the Know



### Resources for Educators to Help Families Prepare for a Safe Summer

With summer holidays around the corner, we want to ensure safety conversations continue at home. In this edition of *Keeping you in the Know*, we have information and resources that teachers and schools can include in parent newsletters or end of year emails — however you communicate with families, we are here to support.



FOR  
PARENTS/GUARDIANS

#### *Parenting Tweens and Teens in the Digital World*

Time at home provides ample opportunity for online safety conversations. Not sure where to start? This PDF includes information on current trends and online risks to support parents/guardians in their ongoing safety discussions with their tweens and teens.

[Download the free PDF booklet](#)



FOR  
PARENTS/GUARDIANS

#### *ProtectKidsOnline.ca*

With so many apps, platforms, and games out there, it's important for parents/guardians to be involved in the online world kids are engaging in. Looking for a one-stop shop for everything related to online safety? ProtectKidsOnline.ca has information about the ever-changing online interests of children and youth, the potential risks they face, and proactive strategies to help keep them safe.

[Visit ProtectKidsOnline.ca to learn more](#)



FOR CHILDREN

#### *Video Read-Along Storybooks*

Looking for new activities to add to your summer holidays line-up? Video read-along storybooks are just the thing! For children ages 5–9, these videos can help parents/guardians talk with their children about safety — from understanding feelings, safe vs unsafe secrets, and instincts — identifying and responding to unsafe situations, to online safety — it's all here and it's free to access.

[Watch now](#)



FOR CHILDREN

#### *Safety Habits for Life*

From outdoor activities to virtual hangouts, parents/guardians can use these 5 safety habits to increase their child's safety competence and confidence this summer.

[Download the PDF sheet](#)



FOR CHILDREN

#### *Zoe and Molly Online*

Summer break means more free time, and yes...more screen time. Zoe and Molly Online can help parents with kids in grades 3 and 4 explore what it means to be safe online with an interactive game and PDF or video read-along comic books.

[Visit ZoeandMolly.ca to learn more](#)



FOR TWEENS/TEENS

### *Healthy Relationships Videos*

It's so important to equip young people with information and skill building opportunities that they can use to help make safe decisions with relationships online and offline. To help parents/guardians with these conversations, the Canadian Centre for Child Protection has free online videos addressing body and sexual boundaries, sexual consent, healthy and unhealthy relationships, what constitutes sexual abuse, as well as where to go for help.

[View videos for ages 12–14](#)

[View videos for ages 15–17](#)



INTERVENTION AND  
REPORTING FOR TEENS

### *NeedHelpNow.ca*

If you or someone you know has been negatively impacted by a sexual picture/video being shared by peers, we are here to help. NeedHelpNow.ca helps teens stop the spread of sexual pictures or videos, and provides support with information about how to involve a safe adult, helping a friend, the laws in Canada, and how to report victimization.

[Visit NeedHelpNow.ca to learn more](#)



INTERVENTION AND  
REPORTING

### *Cybertip.ca*

As Canada's tipline for reporting online child sexual abuse and exploitation, Cybertip.ca is also a place for Canadians to turn to for help with concerns about shared intimate images, online luring, and other areas involving child victimization on the internet.

[Visit Cybertip.ca to learn more or to make a report](#)